

A-Level Psychology Bridging Work

Ms Serrant

The specification: <https://filestore.aqa.org.uk/resources/psychology/specifications/AQA-7181-7182-SP-2015.PDF>

Complete **TASKS 1, 2, 3 and 4**

Format – any you would like to use e.g. power-point presentation, poster, short essay [500 words], podcast etc.

Time – 16hours.



TASK 1. Why have you chosen Psychology A-level?

TASK 2. What is Psychology?

On the course you will learn about the different approaches used in psychology to explain behaviour and disorders.

You will learn about 6:

1. **Behaviourism/ behaviourist approach**
2. **Social Learning theory**
3. **Cognitive approach**
4. **Biological Approach**
5. **Psychodynamic Approach**
6. **Humanism / humanistic approach**

TASK 2. Research each approach and create a short presentation summarising how each explains behaviour. Include in your presentation what is good about the approach and what might not be good and why.

TASK 3. Research and create a presentation on:

- a. **Famous psychologist**
- b. **Psychology in the news**
- c. **Psychology in Documentaries/TV shows/Films**

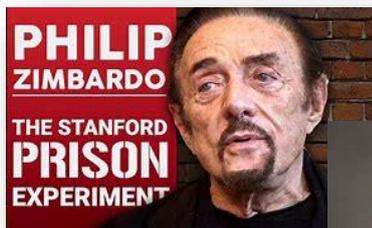
a. Famous Psychologist

Over the past 100 years Psychology has emerged as a science. During this time there have been a number of influential Psychologists which you will be learning about.

➔ **Choose two of the following Psychologists** and explain what their contribution

has been to our understanding of Psychology. What do you think of their work?

- Pavlov
- Skinner
- Milgram
- Zimbardo
- Moscovici
- Ainsworth
- Bowlby



- Lorenz
- Harlow

b. Psychology in the news

There are many news topics that are relevant to psychology e.g. mental health issues, social media, education, crime, celebrity issues etc.

→ Choose a **relevant news story** to share and explain the links to psychology.

c. Psychology in literature/documentaries

Consider a documentary, TV series or Film you have seen that you think is relevant to psychology.

→ Prepare a **review of the documentary/series/film** to explain to the class what it was about and how you think it is relevant to psychology.

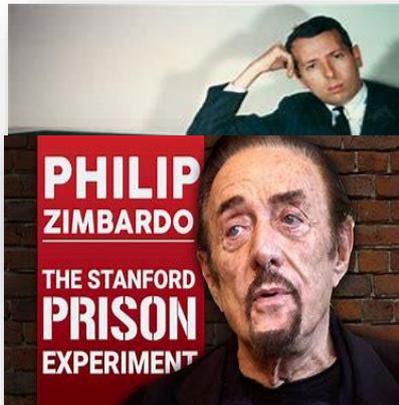
SOME USEFUL VIDEOS TO WATCH:

Introduction to Psychology - video

<https://www.youtube.com/watch?v=vo4pMVb0R6M&list=PLNo419yvwUDDuGEekLWgdIJPUA3W0Veig>

Psychology Articles

<https://www.hoddereducation.co.uk/magazines/magazines-extras/psychology-review-extras>



The Milgram Experiment 1962 Full Documentary

<https://www.youtube.com/watch?v=rdrKCilEhC0>

The Stanford Prison Experiment | Zimbardo, 1972 | Social Psychology

<https://www.youtube.com/watch?v=ZWIPAHvwdVk>

Psychology in the NEWS

Social anxiety can increase distress related to mask-wearing during and after COVID-19

<https://www.news-medical.net/news/20210621/Social-anxiety-can-increase-distress-related-to-mask-wearing-during-and-after-COVID-19.aspx>