



A day in the life of an Ark John Keats pupil

Pupils wake up, get showered and dressed for school and have a healthy breakfast ready to start the day

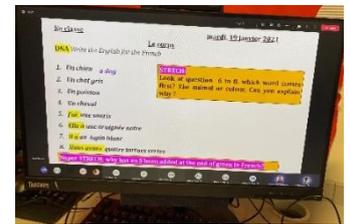


8.15 am Pupils organise their table/workspace to make sure it is ready for a busy day of learning. Pupils make sure they have all their equipment ready for the day and have a bottle of water beside them.

8.25 am -Line Up. Pupils are logged in and join their line up with their Head of Year. The Head of Year will pass on key messages, set targets for your child and celebrate their successes from yesterday. Your child should turn their phone off till break.

8.30-8.45 am – AM tutor time. Pupils will join their AM tutor time. They will review their timetable for the day, organise their work and can ask their tutor any questions. Pupils share a piece of work they're proud of with their tutor.

8.45 -10.15 am - Period 1 and 2. Your child will join their online live lessons. They will complete the tasks set by their teacher in their book. They will respond to questions the teacher asks by raising their hand to speak in the lesson or typing their answer in the chat. They will work really hard and complete an online quiz at the end of the lesson to allow their teacher to see what they have mastered.



10.15-10.50 am – Break. This is your child's break time. They can turn their phone back on, call a friend, have a healthy snack, read a book or finish off any work they did not have time for in the morning.

10.50 -12.20 am- Period 3 and 4. Your child will join their live period 3 and 4 lessons and should turn their phone off again. They will continue to work hard in their book and complete an online form at the end of their lesson.

12.20 – 1.40 pm- Lunch. This is your child's lunchtime. If you are working from home we would encourage you all to have a healthy lunch together and your child can share the exciting things they have learnt during the day. We would also encourage your child to some physical exercise. They could go for a run or do a Joe Wickes workout at home! It's important your child continues to look after their physical wellbeing at home as well as their learning.

1.40-3.10 pm – Period 5 and 6. Your child should turn their phone off and complete their final two lessons of the day.

3.10-3.30 pm- PM tutor time. We have designed a special character programme to support your child while they are working at home. Each day will have a special theme and give them concrete tips and activities to support their remote learning.

Monday	Tuesday	Wednesday	Thursday	Friday
Mental Wellbeing	Physical Wellbeing	Aspiration	Working from Home	Gratitude

3.30 pm Your child is finished for the day. They can turn their phone back on and step away from their screen. Over the next few weeks we will be building some exciting optional enrichments after school for your child to take part in if they wish.