



School Lunch Menu: Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	BBQ chicken	Beef Stiffado	Roast Lamb Apricot Stuffing Mint Sauce	Chicken Macaroni Bake	Breaded Catch of the Day with Tomato Sauce
Veggie Mains	Summer Veggies & White Bean in Smokey BBQ Sauce	Aubergine Vegetable & Olive Stiffado	Beetroot, Butternut Squash Wellington	Macaroni Bake w/ Cherry Tomatoes, Olives, Capers, Roasted Red Peppers, Rocket Oil	Summer Vegetable Feta Frittata
Sides	Jollof Rice Sweetcorn	Lemon & Rosemary Potato Greek Salad Summer Greens	Roast Potatoes Seasonal Vegetables	Broccoli Green Salad Garlic Bread	Parsley Potatoes Minted Peas & Greens Summer Salad
Bread	Fresh Baked Bread Daily				
Baguettes (for Secondary pupils)	A freshly baked baguette with a selection of fillings: Cheese and Tomato, Tuna Mayonnaise and Sweetcorn & Cucumber, Chicken Mayonnaise				
Jackets	With Cheddar Cheese, Low Salt & Low Sugar Baked Beans, Tuna Mayonnaise, or a Daily Hot Special Filling				
Sweets	Summer Fruit Crumble Custard	Orange & Chocolate Sponge with Chocolate Sauce	Strawberry Jelly with Ice Cream	Fruit Smoothie with Shortbread	Summer Fruit Salad with Cream
Fruit & Yoghurt	Fresh Fruit and Natural Yoghurt				